



2700 East 18th, Suite 203
Kansas City, MO 64127
Office: (816) 920-6840 Fax: (816) 231-6035

Summer 2008

Dear Friends:

Since 2001, the Kansas City Chronic Disease Coalition (KC-CDC) has been offering services and activities at no cost to those living in the inner core of Kansas City, Missouri and Kansas City, Kansas to reduce diabetes and heart disease. As a result, over 100 partner agencies and organizations have benefited from helping their membership improve their diets, increase their physical activity, reduce tobacco use, and see their health care professionals on a regular basis.

KC-CDC was previously funded by the Federal Centers for Disease Control and Prevention. Since September 2007, pledges of time, resources, and cash have enabled the Coalition to continue providing free exercise classes with Myron Frye, nutrition classes with Maria L. Boudreaux and Associates, and technical assistance to work on a variety of evidence and practice based activities such as drinking more water, working on food policies at local schools and churches, and walking clubs. In addition, the program is being evaluated by the University of Kansas Work Group to be able to demonstrate the successes the program is having in the community. To date, great improvement has been seen in fruit and vegetable consumption as well as increased physical activity among older African Americans, particularly women. Visit www.kc-cdc.org to learn more about the organization and its work in the community..

As a not-for-profit agency, KC-CDC must rely on the community to help support this important mission. Now is the time to ask for your assistance. Donations are being solicited for use in 2008-2009. These donations will continue to support our physical activity and nutrition classes, the chronic disease self-management classes, provide needed materials and supplies, and the operating costs of maintaining an office and part-time staff to manage the program.

This is a very critical time for KC-CDC. **Serving those most in need is critical.**

To show that we as a community really do want to see KC-CDC stay open, we ask you to become a Friend of KC-CDC and to contribute in some way to support the Coalition by completing the attached pledge card.

You can mail or drop it by to the KC-CDC office at 2700 East 18th St., Room 203, Kansas City, MO 64127, fax it to 816-231-6035, or e-mail it to Tonya Williamson, Initiative Manager, at twillimason@mo-pca.org.

Please be generous in your donation to improve the health of those living in Kansas City metro area.

Thank you.

Linda Escareno-Williams
KC-CDC Chair

Delores Clark
KC-CDC Treasurer

FRIENDS OF THE KANSAS CITY CHRONIC DISEASE COALITION
DONATION CARD

The Kansas City Chronic Disease Coalition (KC-CDC) seeks to reduce cardiovascular disease and diabetes risk factors in the city's urban core. As a Friend of KC-CDC, please consider making a donation to assure that the work of the Coalition continues.

_____ Yes, I want to see the work of the KC-CDC continue and I want to make a donation.

_____ Yes, I want to see the work of the KC-CDC continue but I am unable to make a donation at this time. Please contact me again.

_____ No, I cannot support the work of the KC-CDC.

Friend of KC-CDC Information:

Name: _____

Organization: _____

Address: _____

City, State, Zip: _____ **Phone:** _____

Pledge Description:

_____ I will make a donation to support KC-CDC.

_____ \$10

_____ \$25

_____ \$50

_____ \$100

_____ \$500

_____ \$1000

_____ \$1500

_____ \$2000

Weekly

Bi-weekly

Monthly

\$_____ (One time pledge)

Please return this donation card to:

Friends of the Kansas City Chronic Disease Coalition
2700 East 18th St., Suite 203
Kansas City, MO 64127
816-920-6840 (office) 816-231-6035 (fax)

This donation card does not serve as a receipt for this contribution but is intended for our internal record keeping purposes only. A receipt describing the donation received will be mailed to the address supplied above at the time the pledge is received.