

**Dear KC-CDC:** I am an individual with a medical disability and am unable to drive. I have a hard time finding transportation to and from my doctor's appointments and for simple daily tasks such as going to the grocery store. Is there any help out there in securing transportation for those with medical disabilities? **Needing a Ride**

**Dear Needing a Ride:** So many citizens of our community are in the same position as you. They find it increasingly difficult to secure transportation around the city for doctor's appointments, to go to church, and for simple shopping trips. There are resources out there to offer you help with your transportation. If you call United Way (dial 2-1-1), a call specialist can provide you with referrals to programs and agencies that offer medical transportation. You shouldn't pass up this service. Good luck with your endeavors and with your health.