

**Dear KC-CDC:** I read somewhere that thousands of people die needlessly each year due to a lack of organ donors. I made up my mind and want to be an organ donor. I need to know what I need to do and which organs I can donate.

Signed: **Save A Life**

**Dear Save A Life:** This is a commendable thing you have decided to do. According to the Missouri Department of Health and Senior Services, nine out of ten Americans support organ and tissue donation. Yet many do not know the proper steps for making that commitment. Help ensure your life-saving decision is fulfilled. To become an organ donor, you simply let your family know that this is your wish and complete an Organ Donor form or the back of your driver's license with a permanent marker. The Organ Donor Form is provided through the Missouri Organ Donor Registry and can be obtained by calling 1-888-497-4564. The organs that can be donated are heart, kidneys, pancreas, lungs, liver, and intestines. Tissues may also be donated and include the eyes, skin, bone, heart valves, and tendons. To learn more about this please go to <http://www.dhss.mo.gov/OrganDonor/>.