

This Health Walk from the

Kansas City Chronic Disease Coalition (KC-CDC), and Donnelly College to You...

This Health Walk project is part of a multi-year local campaign to promote and support fine health through moderate exercise and the development of other Healthy Habits. The campaign promotes fitness walking and more than 80 other “healthy habits” community changes.

When you choose to Health Walk, you encourage better health for:

YOURSELF, YOUR LOVED ONES and YOUR COMMUNITY.

CONGRATULATIONS!

This Health Walks Project is funded by:

The Centers for Disease Control and Prevention (CDC)
through its REACH 2010 initiative

IN PARTNERSHIP WITH:

The Missouri Primary Care Association (MPCA)
The Kansas City – Chronic Disease Coalition (KC-CDC)
Donnelly College of Kansas City, Kansas



Missouri Primary Care Association

Funded by the Missouri Primary Care Association through a grant by the Centers for Disease Control and Prevention REACH 2010 Program



**Walk Number 31 of The
KC CDC Health Walk
Series**



THIS WALK OFFERS:

**Public Restrooms, Water,
Phones**

POINTS OF INTEREST:

- 1 Keeler Woman’s Center
- 2 Cathedral of St. Peter
- 3 Mc Kinley Elementary School
- 4 Donnelly College
- 5 Bishop Ward Dorney Field
- 6 Bishop Ward High School
- 7 Sisters, Servants of Mary Convent
- 8 Mark Twain Elementary School
- 9 Wyandotte High School & Athletic Field
- 10 Marian Hall

**Health Walk
TOUR OF**

**DONNELLY
COLLEGE**

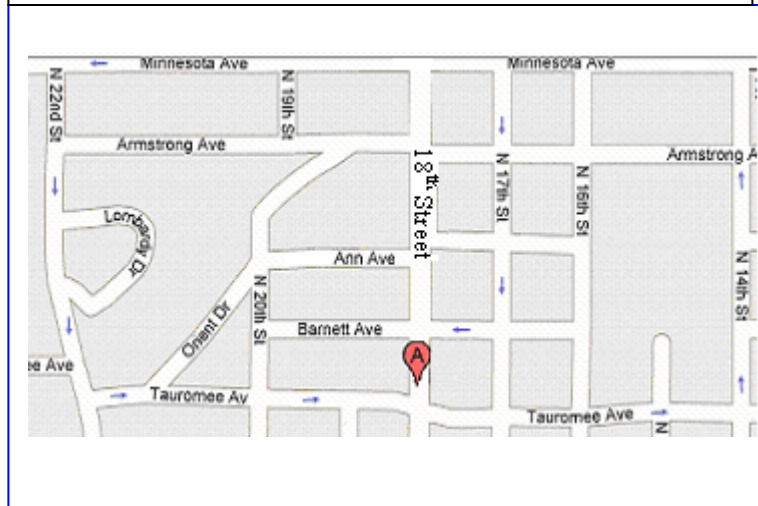
Kansas City, Kansas

Length of this Health Walk:..... 2 miles

Estimated time to complete:..... 45 minutes

Walk difficulty:..... Level 3

(Walking Difficulty Range: “1” = smooth, simple to “5” = hilly, irregular, complex)





GETTING TO THE Donnelly College Health Walk

WALK START:

18th Street & Tauromee Aveune / In front of
Donnelly Community College 608 North 18th
Street

BY CAR:

Start on 18th Street facing east on Tauromee Ave. Walk east to 14th Street. Make a left. Proceed to Armstrong Ave., going north. Take a left on 17th Street. Turn south on 17th Street to Barnett. Turn west one block to 18th Street. Turn right and proceed north to Minnesota, then west to 22nd Street. Go south on 22nd Street. At Tauromee Ave., turn left to return to the beginning of the walk.

Prefer SHORT
DIRECTIONS?
Follow the **BOLD**
TYPE and
UNDERLINING

Your Donnelly College Hill Health Walk

Donnelly College is a joint venture of Bishop George Donnelly, bishop of Kansas City, Kansas and the Benedictine Sisters of Atchison, Kansas. In 1949 they saw the need to make a Christian college education available in the city, where many Catholic immigrants had settled. Bishop Donnelly provided the building adjacent to his residence at 12th and Sandusky for the classrooms and the Benedictine sisters provided the faculty. In 1982, Donnelly moved into its present location, formerly Providence Hospital, on 18th and Tauromee. The Keeler Women's Center also occupies the 7th floor of the Donnelly Building.

To Start – Position yourself in front of the Donnelly College building and parking lot. You should be facing east on Tauromee Avenue.

Proceed east on Tauromee Avenue. You will cross 18th Street, where you will see Macedonia Missionary Baptist Church on your left.

You will go east on Tauromee until you reach 14th Street. You will turn left at this corner. To your right is the Cathedral of St. Peter and its school. McKinley Elementary School is on your immediate right as you turn down this street. You will be facing north. Walk to Armstrong Avenue. Here on the corner you will see Bishop Ward High School's football field. It is also known as Dorney Field. (This track is open to the public). You will also note the school mascot, the Cyclone, on the pillars at 14th and Armstrong. It is here you will make a left, and go west on Armstrong to 17th Street. Make a left here. At 17th and Ann, you will see Christ Temple Church on your right.

Continue south on 17th Street until you reach Barnett Street. Turn west towards 18th Street. You will be at a crosswalk – push the button on the light signal pole to cross. Turn right onto 18th Street. You will see Bishop Ward High School on your left; also several feet from that building, you will see The Sisters Servants of Mary Building. Proceed north until you reach Minnesota Avenue and turn left. Once on Minnesota Avenue, go west until you reach 22nd Street. At the intersection of 22nd and Minnesota Avenue, Mark Twain School is on the northwest corner. You will make a left and head south. To your right is Wyandotte High School and Athletic Field, with a track that is open to the public. Proceed to the corner of Tauromee and 22nd Street. At this point, make a left. This direction will place you going East on Tauromee. You will pass Marian Hall and Donnelly College, the start of the walk. Success!!

NOTE:

If you want to extend your walk to see the site of the original Donnelly College (the building at 1236 Sandusky is no longer standing), walk east on Tauromee (which becomes Grandview Blvd.) towards 13th Street. Turn right on Sandusky and east again towards 12th Street. Donnelly was in the block between 12th and 13th and Sandusky.

Tips For Health Walkers:

- **Bring water!**
- **Wear bright clothing. Be seen.**
- **Walk with a companion.**
- **Walk in early morning when the weather is not so hot.**
- **Cell phones add safety. Carry ID, or keep in it your shoe.**
- **Remember to wear sunscreen in all weather.**